

## Support Available to Families

- SEND Information, Advice and Support Service (SENDIAS) - Confidential advice for families about SEND and EHC plans.
  - Phone: 01908 254518 (Mon-Fri, 10am-3pm)
  - Email: [contact@mksendias.org.uk](mailto:contact@mksendias.org.uk)
  - Website: MK SENDIAS
- SEND Support Service - Advice and signposting for professionals supporting children with SEND.
  - Email: [SENDsupport@milton-keynes.gov.uk](mailto:SENDsupport@milton-keynes.gov.uk)
  - For EHC plans: [EHCP@milton-keynes.gov.uk](mailto:EHCP@milton-keynes.gov.uk)
  - Website: SEND Support | Milton Keynes City Council
- Family Support Hubs - Support for families with significant needs, including SEND.
  - Website: Family Support Hubs | Milton Keynes City Council
- Supporting Families Programme- Whole-family support to prevent escalation to statutory services.
  - Phone: 01908 253519
  - Email: [strengtheningfamilies@milton-keynes.gov.uk](mailto:strengtheningfamilies@milton-keynes.gov.uk)
  - Website: Supporting Families | Milton Keynes City Council
- Milton Keynes SEND Local Offer - Information and resources for children and young people with SEND (0-25 years).

Young people can access crisis mental health support through:  
CAMHS Crisis Line (24/7 Crisis Support): 0800 0234 650

111, Option 2  
For urgent situations, attend A&E

Please note: there is no longer a drop-in at the Eaglestone Health Centre.

Our SENDCo is  
Mrs Katie Peachey

01908 679354 or  
[kpeachey@falconhurstschool.co.uk](mailto:kpeachey@falconhurstschool.co.uk)

# Falconhurst School

## SEND



December 2025

# Supporting SEND Learners at Christmas

As we approach the festive season, I wanted to reach out and provide some supportive guidance for families of learners with SEND.

## Understanding Potential Challenges

The Christmas period can be particularly challenging for children with SEND. Some difficulties may include:

- Disrupted routines
- Sensory overload from decorations/celebrations
- Increased social interactions
- Changes in daily structure

## Practical Strategies to Support Your Child

Routine and Preparation:

- Create a visual calendar showing holiday events
- Prepare social stories about upcoming changes
- Maintain consistent bedtime and meal routines where possible

Sensory Management

- Have a 'calm space' at home with familiar comfort items
- Use noise-cancelling headphones if environments become overwhelming
- Discuss and prepare for potentially challenging sensory experiences

I have enclosed some social stories and a blank calendar template which might be helpful to share with your child.

# Short Breaks

Milton Keynes Council SEND Team have been working closely with PACA MK to consider how best to deliver respite activities from April 2026 and will be sharing more about this in the new year.

Families with an EHCP have until 31 March 2025 to use their allocated budget. Milton Keynes City Council has partnered with Bookinglab for easy online booking:

- [Register for an account:](https://register.bookinglab.co.uk/miltonkeynescity/37001/register_)

[https://register.bookinglab.co.uk/miltonkeynescity/37001/register\\_](https://register.bookinglab.co.uk/miltonkeynescity/37001/register_)

- [Book activities](#) once you have registered for an account.

As part of the new Milton Keynes SEND Strategy, they are developing plans for delivering respite activities from April 2026. They will be sharing more in the new year about opportunities for Children, Young People and Parent Carers to get involved and help shape future provision.

# SEND Local Offer Calendar Highlights

Milton Keynes Council Calendar has a selection of half term activities on offer for SEND learners. To book, please follow the website links below.

## **Sensory-Friendly Christmas Workshop**

Milton Keynes Community Centre  
18<sup>th</sup> December - 2pm - 4pm

## **SEND Holiday Coping Strategies Drop-In**

Local Family Hub  
20th December - 10am - 12pm  
Informal support session for families managing holiday transitions.

## **Goldilocks and the Three Bears Pantomime – Milton Keynes Theatre**

BSL Interpreted: Wednesday 17 December, 7pm  
Audio Described: Friday 19 December, 7pm (Touch Tour at 5:30pm)  
Relaxed Performance: Tuesday 6 January, 1pm

## **Relaxed sessions at MK Gallery Cinema**

A Paw Patrol Christmas (U) (Relaxed Viewing) – Sunday 21 December, 11am, MK Gallery  
Zootropolis 2 (U) – Sunday 11 January, 11am

Relaxed session: The Stables  
Stickman – 22 December, 1:30pm